



## **Job Description**

**Job Title:** Children's Wellbeing Practitioner

**Responsible to:** EWS Manager

**Accountable to:** Clinical Director

### **CYP IAPT**

The Children and Young People's Improving Access to Psychological Therapies programme (CYP IAPT) is a service transformation programme delivered by Health Education England and partners that aims to improve existing children and young people's mental health Services (CYP MHS) working in the community. Children's Wellbeing Practitioner training will benefit from being integrated fully within CYP MHS and linked to the CYP IAPT collaborative, which brings a valuable organisational infrastructure.

### **Family Wellbeing Team**

The Family Wellbeing Team (FWT) is an established service within CHUMS, Bedfordshire. They provide evidence based guided self-help interventions targeting anxiety, low mood and behaviour. Chums continually develop psych education workshop to allow young people and families to access appropriate support in a timely manner. We cover North and South Bedfordshire, and the team is made up of Band 5 qualified CWPs (Children's Wellbeing Practitioners), Trainee CWPs and a CWP Supervisor/ Service development lead. The Team is embedded within the Emotional Wellbeing Service and has links with CAMHS and local authority. We are an CYP IAPT compliant service and adhere to the CYP IAPT principles.

### **Job Summary:**

The role would be ideally suited to a qualified Child and Wellbeing Practitioner or another Clinician with experience of CYP IAPT Guided Self Help.

Regarding the digital platform and supporting Children, Young People and families to identify appropriate pathways for support. This role will include liaising with GP surgeries where they have identified a non-medical need and would like to discuss different types of support.

We are looking to take on a qualified EWS / CWP with experience of the CYP IAPT principles and guided self-help model to inform and develop a CHUMS digital platform. The role will include the opportunity for innovation and creative ideas regarding the development of the digital platform. You will be working with the Clinical Director, EWS Managers, CHUMS Media team as well as other colleagues to produce a range of videos targeting the emotional wellbeing needs of Children, Young People and Families.

## **Duties and Responsibilities:**

### **1. Therapeutic skills**

- 1.1. Have a good understanding of evidence-based interventions to children and young people experiencing mild to moderate mental health difficulties.
- 1.2. Working in partnership with colleagues from a variety of professional backgrounds.
- 1.3. To have experience of using and understanding qualitative and quantitative outcome measures.
- 1.4. To have an awareness to support and empower children, young people and families to make informed choices about their potential support options.
- 1.5. Operate at all times from an inclusive values base, which recognises and respects diversity.
- 1.6. To be aware of risk management principles and how this might relate to a digital platform.
- 1.7. Attend multi-disciplinary meetings and plan the development of the digital platform in line with current trends and presenting needs.
- 1.8. Development of coherent documentation of service-related materials.
- 1.9. Assess and integrate issues relating to transitions, education and training/employment into the overall development of the digital platform.
- 1.10. Work within a collaborative approach involving a range of relevant others when indicated.
- 1.11. Work in collaboration with children, young people and communities to enhance and widen access.

### **2. Training & Supervision**

- 2.1. Attend and fulfil all the requirements of the post including supervision, skills training and mandatory training.
- 2.2 Group supervision sessions to be held in MDT meeting.

### **3. Professional**

- 3.1. Ensure the maintenance of standards of practice according to CHUMS and any regulating bodies and keep up-to-date on new recommendations/guidelines set by the relevant departments.
- 3.2. Ensure that confidentiality is protected at all times.
- 3.3. Ensure clear objectives are identified, discussed and reviewed with supervisor.
- 3.4. Participate in individual performance review and respond to agreed objectives.
- 3.5. Keep all records up to date in relation to Continuous Professional Development and ensure personal development plans maintains up to date specialist knowledge of latest theoretical and service delivery models/developments.

3.6. Attend relevant conferences/workshops in line with identified professional objectives.

#### **4. General**

4.1. Support the collection of data and facilitate data flow to the collaborative.

4.2. Contribute to the development of best practice within the service.

4.3. Ensure a comprehensive understanding of the relevant safeguarding legislation, guidance and best practice.

4.4. Maintain up-to date knowledge of legislation, national and local policies and procedures in relation to children and young people's mental health.

4.5. All employees have a responsibility and a legal obligation to ensure that information processed is kept accurate, confidential, secure and in line with the Data Protection Act (1998) and Security and Confidentiality Policies.

4.6. It is the responsibility of all staff that they do not abuse their official position for personal gain, to seek advantage of further private business or other interests in the course of their official duties.

4.7. This Job Description does not provide an exhaustive list of duties and may be reviewed in conjunction with the post holder in light of service development.

## **GENERAL TERMS AND CONDITIONS**

### **Variation**

This job profile is not intended to be a complete list of duties and responsibilities but as a guide for information to the job and may be reviewed in the light of changed needs and as part of an individual's personal development plan. Any changes will be made following discussion with the post holder.

The post holder will be expected to undertake ongoing personal, professional and management development in line with the responsibilities of the post.

### **Equal Opportunity**

All employees must comply with CHUMS Social Enterprise Equal Opportunities and Equality and Diversity Policies and must not discriminate on the grounds of age, class, race, colour, nationality, ethnic or national grounds, disability, family responsibilities, gender, marital status, religion or sexual orientation or any other grounds which cannot be shown to be justifiable.

### **Health and Safety**

All employees are subject to the requirements of the Health & Safety at Work Act. The post holder is required to ensure that his/her work methods do not endanger themselves or others.

### **Data Protection/Confidentiality**

All employees are subject to the requirements of the Data Protection Act 1998 and must maintain strict confidentiality in respect of patient and staff records and information.

### **Continuing Professional Development**

The post holder will be expected to undertake ongoing personal, professional and management development in line with the responsibilities of the post.

**CHUMS Social Enterprise CIC**  
**PERSON SPECIFICATION**  
**EWS / Family Wellbeing Practitioner**

	ESSENTIAL	DESIRABLE	ASSESSED
<b>Qualifications</b>	<ul style="list-style-type: none"> <li>To have an allied Health Professional Undergraduate Degree</li> <li>Core Psychological Therapeutic Qualification or Post graduate certificate in CWP or EMHP, recruit to Train or similar IAPT course</li> <li>Experience in administration/organisational development subject</li> </ul>	<ul style="list-style-type: none"> <li>Qualification in supervising and/or mentoring</li> <li>Training in group facilitation</li> </ul>	Interview
<b>Experience</b>	<ul style="list-style-type: none"> <li>Experience of working with children with mild to moderate mental health difficulties</li> <li>Experience of project planning and delivery</li> </ul>	<ul style="list-style-type: none"> <li>At least 1 year's clinical practice as a qualified Practitioner</li> <li>Experience of working with a variety of mental health presentations</li> <li>Experience of delivering group interventions</li> <li>Experience of the production of accessible self-help materials</li> </ul>	Interview
<b>General</b>	<ul style="list-style-type: none"> <li>Community working – driver's licence essential</li> </ul>		