

JOB SPECIFICATION AND DESCRIPTION

Title:	Children and Young Peoples Psychological Therapies (ASC/LD)
Hours:	37.5
Pay:	£37,338



The Children and Young People's Psychological Therapies (CYP-PT) is a service transformation programme that aims to improve existing children and young people's mental health Services (CYP MHS) working in the community.

Job Purpose

This is an NHSE funded training post as part of the Child and Young People's (CYP) Psychological Therapies training programme which involves part time working as a Practitioner in the CHUMS **Milton Keynes** Wellbeing Service and part time studying with UCL/Anna Freud.

We are seeking highly motivated and clinically experienced candidates who are enthusiastic about making a difference to children and young people's mental health through evidence-based interventions based on NICE Guideline recommended treatment. You will have a registerable professional qualification in a relevant subject with experience working with children, young people and their families in a mental health setting.

This intensive training post will equip the post-holder to provide interventions for children and young people diagnosed with autism or a learning disability consistent with the evidence base in the area and the training course. The post-holder will work in the service, for at least 2.5 days of the week using the newly developed skills whilst attending the training programme or undertaking self-study days for the remaining days, as required by the education provider.

You will be committed to the CYP Psychological Therapy 5 core principles and to providing accessible, compassionate and effective support for children and young people, along with a dedication to equity, diversity and inclusion.

The post holder will hold an appropriate training case load and complete the necessary assignments to meet the course requirements at the equivalent of an NHS band 6.

Important: Candidates will need to apply to and be accepted by both CHUMS for their placement and UCL for their academic studies. Candidates cannot progress if they are not accepted by both organisations.

More information about the course content and the different modalities can be found on the Anna Freud webpage: <https://www.annafreud.org/ucl-postgraduate-study/ucl-postgraduate-programmes/child-and-young-person-iapt-therapy-pg-dip/>

There is also a useful training FAQ section for prospective candidates: [Prospective Trainees CYP IAPT Therapy Programme FAQ's.docx - Google Docs](#)

1. Therapeutic skills

- 1.1. With the assistance of their clinical supervisor accept appropriate referrals;
- 1.2. Assess clients for suitability for the treatment for which modality specific training is provided;
- 1.3. Make decisions on suitability of new referrals, adhering to the department's referral protocols, and refer unsuitable clients on to the relevant service or back to the referral agent as necessary;
- 1.4. Undertakes accurate assessment of risk to self and others.
- 1.5. Formulate, implement and evaluate therapeutic intervention for clients in line with their training modality and experience;
- 1.6. Involve the system around the child in treatment as appropriate, e.g. parent/carer, school, conveying therapy formulations and care plans with sensitivity in easily understood language;
- 1.7. Assess and integrate issues relating to transitions, education and training/employment into the overall therapeutic process.
- 1.8. Work in collaboration with children, young people and communities to enhance and widen access.
- 1.9. Attend multi-disciplinary meetings relating to referrals or clients in treatment, where appropriate;
- 1.10. Complete all requirements relating to data collection within the service;
- 1.11. Keep coherent records of all clinical activity in line with service protocols;
- 1.12. Work closely with other members of the team ensuring appropriate step-up, step-down and signposting arrangements are in place to maintain a stepped care approach.
- 1.13. Operate at all times from an inclusive values base, which recognises and respects diversity.

2. Training and Supervision

- 2.1. Attend and fulfil all the requirements of the training element of the post including practical, academic and practice-based assessments.
- 2.2. As well as attendance at the University for training, fulfil private study requirements to enhance learning and prepare assignments for examination, for at least one day a week.
- 2.3. Apply learning from the training programme to practice.
- 2.4. Prepare and present clinical information for all patients on their caseload to clinical, case management supervisors and practice tutors on an agreed and scheduled basis, in order to ensure safe practice and the clinical governance obligations of the worker, supervisor and service are delivered.
- 2.5. Respond to and implement supervision suggestions by supervisors in practice.

2.6. Engage in and respond to personal development supervision to improve competences and practice.

3. Professional

3.1. Ensure the maintenance of standards of practice according to the employer and any regulating bodies, and keep up-to-date on new recommendations/guidelines set by the relevant departments.

3.2. Ensure that confidentiality is protected at all times.

3.3 Be aware of, and keep up to date with advances in the spheres of care pathway;

3.4. Ensure clear objectives are identified, discussed and reviewed with supervisor and senior colleagues on a regular basis as part of continuing professional development.

3.5. Participate in individual performance review and respond to agreed objectives.

3.6. Keep all records up to date in relation to Continuous Professional Development and ensure personal development plans maintains up to date specialist knowledge of latest theoretical and service delivery models/developments.

3.7. Attend relevant conferences/workshops in line with identified professional objectives.

4. General

4.1. Support the collection of data and facilitate data flow to the collaborative.

4.2. Contribute to the development of best practice within the service.

4.3. Ensure a comprehensive understanding of the relevant safeguarding legislation, guidance and best practice.

4.4. Maintain up-to date knowledge of legislation, national and local policies and procedures in relation to children and young people's mental health

4.5. All employees have a responsibility and a legal obligation to ensure that information processed is kept accurate, confidential, secure and in line with the Data Protection Act (1998) and Security and Confidentiality Policies.

4.6. It is the responsibility of all staff that they do not abuse their official position for personal gain, to seek advantage of further private business or other interests in the course of their official duties.

4.7. This Job Description does not provide an exhaustive list of duties and may be reviewed in conjunction with the post holder in light of service development.

Personal Specification	Essential	Desirable	Assessment Method
Qualification	Minimum second-class Bachelor's Degree or equivalent standard in a relevant subject (e.g. psychology, social work etc); OR Applicants who do not fulfil the academic criteria but have relevant professional experience are still encouraged to apply and will be considered on a case-by-case basis ----- AND A registerable professional qualification in a relevant field with therapy experience (e.g. psychology, CWP, EMHP and low intensity therapies, nursing, health visiting, social work, occupational therapy, speech and language therapy, special needs teaching, psychiatry, psychotherapy, counselling)	Extra training related to neurodivergence	Application Form
Knowledge and Experience	2 or more years of qualified experience working within children and young people and families in a mental health setting; Experience of working within a professional setting concerned with the mental health, development and wellbeing of children and young people with ASC and/or LD and their families. Demonstrates an understanding and appreciation of the unique challenges associated with ASC and/or LD for children, young people and their families. Demonstrates awareness of the significantly increased risk of co-morbid mental health and other neuro-developmental problems in this population.	Worked in a service where agreed targets in place to demonstrating outcomes Demonstrates an appreciation of the range of factors that can impact on emotional well-being of children and young people with ASC and/or LD and their families. Demonstrates an appreciation of the MDT approach and involving other agencies, such as education and social care in order to ensure that the needs of	Application Form/ Interview

	associated with ASC and/or LD. Knowledge and understanding of importance to modify, adapt methods of communication and intervention for this population. Knowledge, understanding and practical experience of issues relating to risk and safeguarding assessment and management of children and young people.	ASC and/or LD are well understood and effectively met.	
Skills & Competencies	Ability to manage own caseload and time Ability to be flexible and creative in facilitating engagement with children and young people with ASC and/or LD and their families. Ability to adapt communication style according to the varying needs and levels of comprehension of children and young people with ASC and/or LD. Ability to reflect on own practice (in clinical supervision and practice tutor groups with course peers); Professional experience / understanding of evidence-based practice and the ability to demonstrate how this influences good clinical practice. Demonstrates high standards in written and verbal communication Team Player Ability to personally manage a sensitive, traumatic and potentially emotionally distressing caseload. Excellent IT/Computer skills; Ability to follow policy and clinical governance procedures;	Ability to adopt a multi-agency working, especially in relation to complex cases with multiple needs, where a more systemic approach is required.	Application / Interview

	Ability to maintain accurate records; Ability to complete academic work across different learning environments at postgraduate level and balance the academic demands of the course with clinical placement demands; Demonstrates adaptability and able to work with diverse communities; Excellent time management and organisational abilities with the ability to autonomously manage a complex caseload Students whose first language is not English must demonstrate proficiency at IELTS Band D (or equivalent). More information for international students is available on <u>UCL's website</u>.		
Other	Full, enhanced and current satisfactory DBS disclosure for the role. Able to travel to meet post requirements	Grew-up in, or has experience of living or working in Milton Keynes Speaks another language other than English Identifies as being from an underrepresented group within the profession	Application / Interview

Candidates will only be invited for interview if they meet the essential criteria for this post.

The desirable criteria will be used to shortlist where the application of the essential criteria produces a large number of applicants.